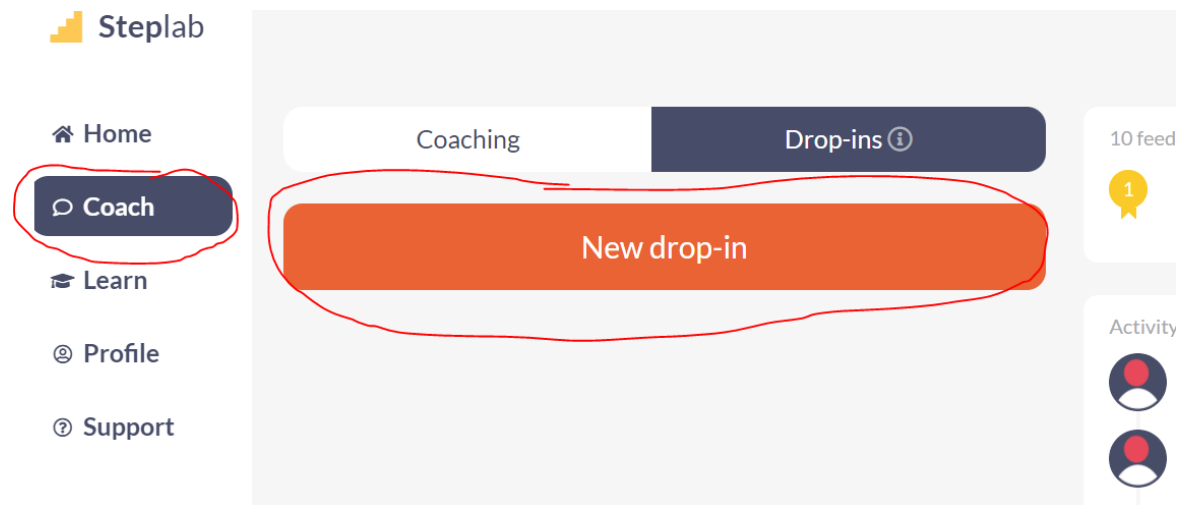
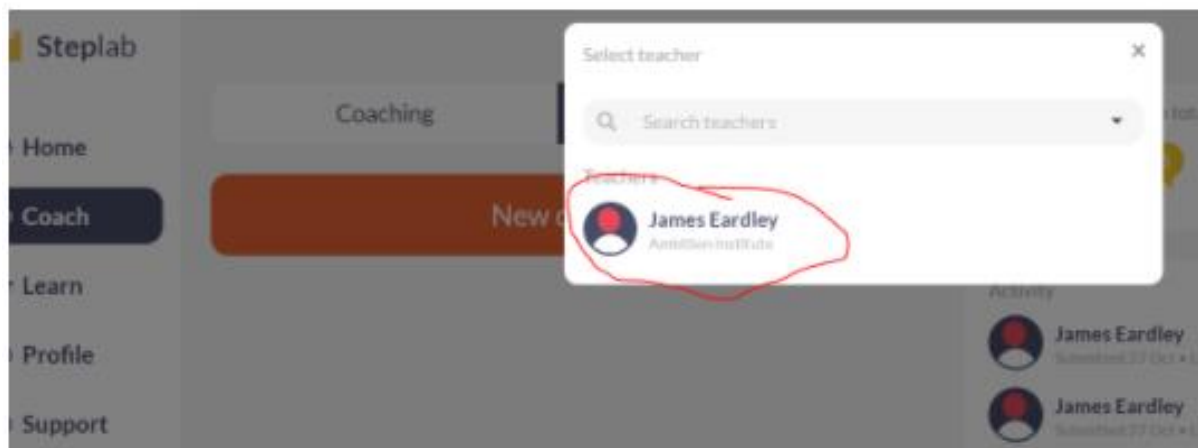


## How to: preform a drop in on Steplab:

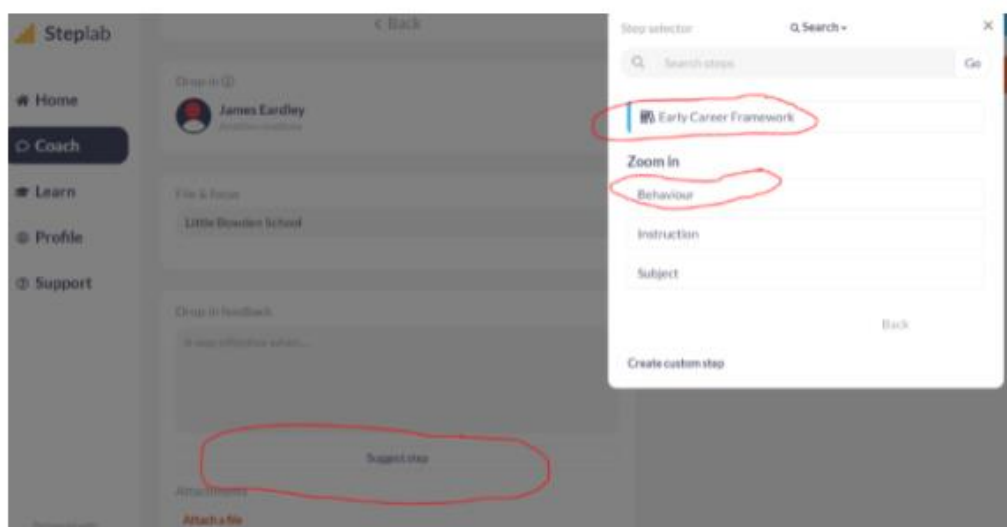
1. Select new drop in on the coach section



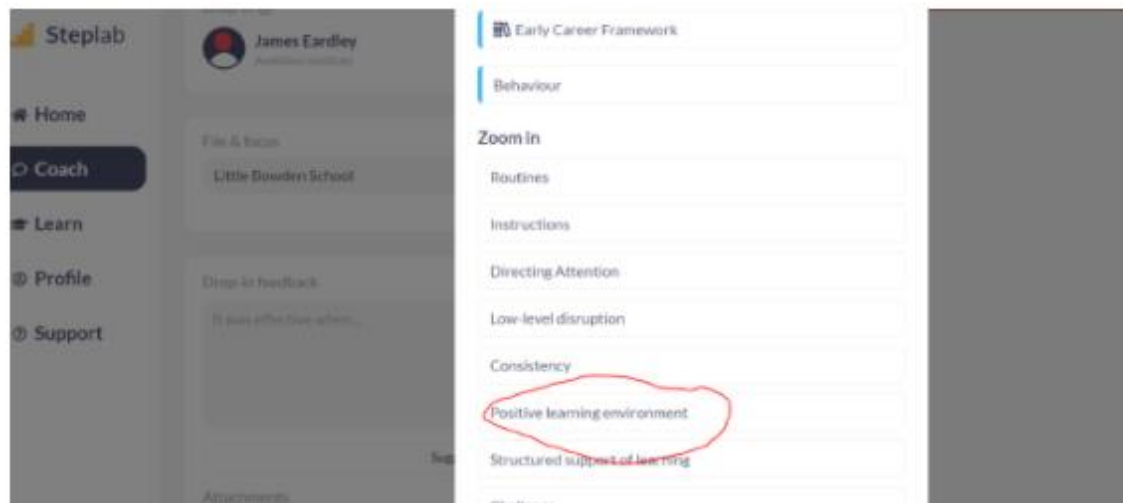
2. Choose your ECT



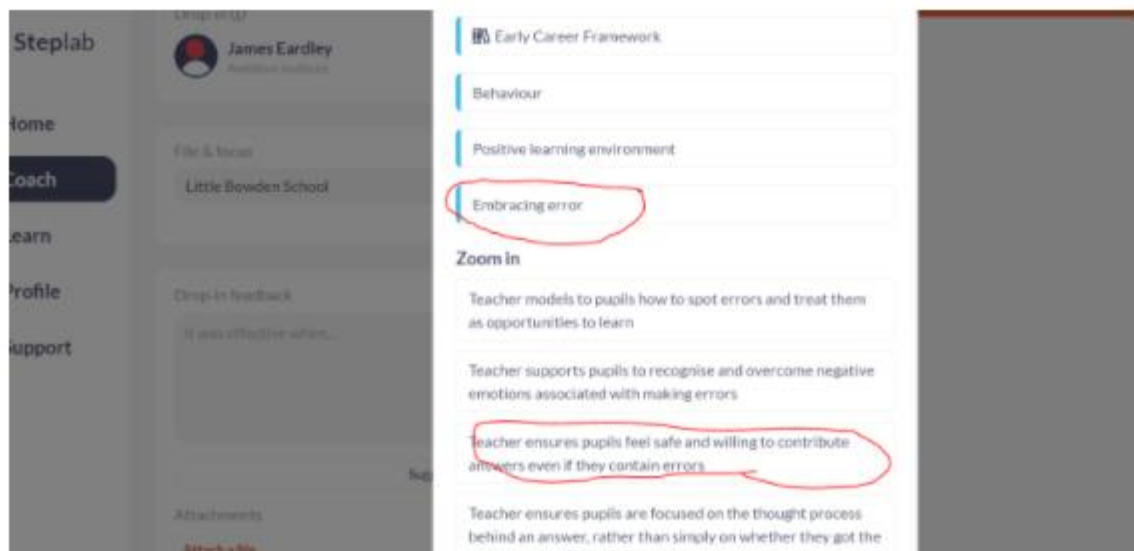
3. Choose ECF strand they are on



4. Pick which part you would like your ECT to focus on this week.



5. Choose a specific area within your chosen strand.



6. Finally pick the action steps for your ECT to complete and click 'select step'

