

***These additional online workshops
are lead by our ECF Lead Jo Ryland.***

**Monday 11th December 16:30 – 17:3
Mind Management Models (Chimp Paradox)**

Using the principles from the Chimp Paradox, this session will reflect on how we react to situations, identify when these can be altered and examine ways to recognise these behaviours in ourselves and others. We will also discuss how to manage parents' evening conversations.

**Monday 26th February 16:30 – 17:30
Time Management Strategies**

Time management is an essential skill for schoolteachers. With so many responsibilities and tasks to handle, it can be challenging to stay organized and on top of everything. Using time efficiently is an essential skill for any teacher, but with a largely self-determined schedule outside of classroom hours it can be easy to feel overworked.

In this session Jo will help you keep on top of daily tasks, maintain your work-life balance and avoid being asked to leave your classroom by the caretaker every evening.

**Monday 29th April 16:30 – 17:30
Practical Suggestions for Adaptive Teaching**

Students learn at different rates and require different types and levels of support from their teachers in order to succeed. The rate and depth of support will vary depending on individual children's needs. It's vital that teachers understand the varying levels of need within their classroom, as well as any barriers to learning students may face. Knowing this can help teachers to utilise adaptive teaching practice to provide their pupils with the targeted support needed to boost student outcomes.

In this session Jo will outline what is meant by the term adaptive teaching, detail its importance, and provide you with a range of adaptive teaching strategies that you can use to help your learners excel and achieve.

**Tuesday 12th December 16:30 – 17:30
Classroom Management Strategies**

As a teacher, you need to juggle and be adaptive, and effective classroom management is a vital skill for **any** teacher. In this session we'll cover a range of strategies that have been tried and tested so we know they work!

As a teacher, you have to develop classroom management strategies to keep your students engaged in their studies. However, it's not easy to design engaging classroom management strategies—especially for new teachers. It's something that teachers learn with experience.

**Tuesday 27th February 16:30 – 17:30
Effective Questioning and Feedback**

We all understand the importance of effective questioning and providing meaningful feedback. Done well, it supports pupil progress, building learning, addressing misunderstandings, and thereby closing the gap between where a pupil is and where the teacher wants them to be.

Drawing from the resources of the Education Endowment Foundation, this workshop will enable you to consider how we can support our pupils learning, by using deliberately planned questioning techniques in a structured and focussed and informative way. We will also discuss the purpose of feedback and look at ways of ensuring it can be both effective and time-efficient.

**Tuesday 30th April 16:30 – 17:30
Wellbeing and Workload**

Teaching is a tough job, but it's an incredibly rewarding job, what other job enables you to transform lives? Teacher workload and teacher wellbeing are different things - and taking care of our mental and emotional wellbeing can be hard, especially in a new role or busy school.

'Teachers need to know how to look after themselves. This may seem a simple and easy task; however, when faced with a multitude of teaching tasks, one of the areas all teachers can miss, is taking care of themselves.' (Turner and Braine, 2016)

In this session we'll explore, practice and help you to embed evidence-informed methods and strategies to not only improve wellbeing in the workplace but also in your daily lives.